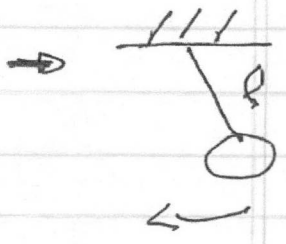


# Adiabatic Invariants



# Adiabatic Invariants



$$l = l(t)$$

$$\frac{\dot{l}}{l} \ll \sqrt{g/l}$$

→ 2 time scale  
 → 'adiabatic' variation of parameter.

→ How describe?

$$\ddot{\theta} + \frac{g}{l(t)} \theta = 0$$

essence is oscillator with slowly varying parameter

$$l(t) = l(\epsilon t)$$

↓  
slow

$$\ddot{\theta} + \frac{g}{l(\epsilon t)} \theta = 0$$

$$\epsilon t = \tau$$

$$\Rightarrow dt = \frac{1}{\epsilon} d\tau$$

$$d/dt = \epsilon \frac{d}{d\tau}$$

$$\ddot{\theta} + \frac{g}{l(\epsilon t)} \theta = 0$$

$$\Rightarrow \ddot{\theta} + \frac{(\omega(\tau))^2}{\epsilon^2} \theta = 0$$

generically points toward WKB.

i.e. generically:

$$\ddot{x} + \omega^2(\epsilon t) x = 0$$

$$\Rightarrow \tau = \epsilon t$$

$$\frac{d^2 x}{d\tau^2} + \frac{\omega^2(\tau)}{\epsilon^2} x = 0$$

→ A different look at adiabatic theory, ...

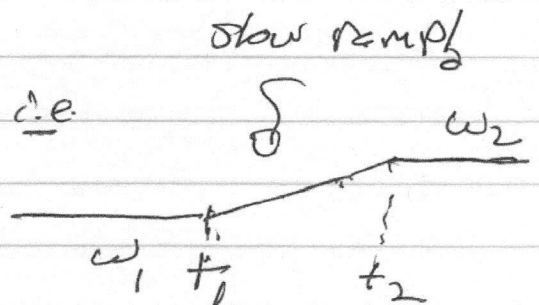
One might forego canonical formalism, and simply investigate an oscillator with slowly varying frequency

d.e.

$$\ddot{x} + \omega^2 x = 0 \quad \Rightarrow$$

$$\ddot{x} + \omega^2(t) x = 0$$

↓  
slowly varying frequency



c.e.

$$\frac{1}{\omega} \frac{d\omega}{dt} \sim \mathcal{O}(\epsilon) \ll 1$$

⇒ expect, on basis of previous discussion,

I ⇒ adiabatic invariant

c.e. if  $a \equiv$  oscillator amplitude, then

$$I = E/\omega = \frac{1}{2} m \omega^2 a^2 / \omega \approx m \omega a^2$$

is const

↓  
⇒ Action!

Need show action is  $\mathcal{O}$  const, adiabatic invariant.

Now, for slowly varying  $\omega$ , can solve by WKB!

now,  $\boxed{G \approx \mathcal{P}}$

$$\frac{d^2 X}{dt^2} + \frac{\omega^2(t)}{\epsilon^2} X = 0$$

$$X(t) = a_0 e^{i\phi(t)/\epsilon}$$

where:  $\phi = \phi_0 + \epsilon \phi_1 + \dots$

↑ action      ↑ connection →  $\epsilon \omega(t)$

$$\frac{d}{dt} \left( a_0 \frac{\dot{\phi}(t)}{\epsilon} e^{i\phi(t)} \right) + \frac{\omega(t)^2}{\epsilon^2} a_0 e^{i\phi(t)} = 0$$

$$\left( -\frac{\dot{\phi}^2}{\epsilon^2} + \frac{\ddot{\phi}(t)}{\epsilon} \right) a_0 e^{i\phi} + \frac{\omega(t)^2}{\epsilon^2} a_0 e^{i\phi} = 0$$

⇒ need to  $\mathcal{O}(1/\epsilon)$

$$\left( -\frac{(\dot{\phi}_0 + \epsilon \dot{\phi}_1)^2}{\epsilon^2} + \frac{i\ddot{\phi}_0(t)}{\epsilon} \right) + \frac{\omega(t)^2}{\epsilon^2} = 0$$

$$-\frac{\dot{\phi}_0^2}{\epsilon^2} + \frac{\omega(t)^2}{\epsilon^2} = 0$$

$$\dot{\phi}_0(t) = \omega(t)$$

$$\phi_0(t) = \int \omega(t) dt$$

For next order correction,

$$-2 \frac{\dot{\phi}_0 \dot{\phi}_1}{\epsilon} + i \frac{\ddot{\phi}_0}{\epsilon} = 0$$

$$\begin{aligned} \dot{\phi}_1 &= i \ddot{\phi}_0 / 2 \dot{\phi}_0 \\ &= \frac{i}{2} \frac{d}{dt} \ln(\dot{\phi}_0(t)) \end{aligned}$$

$$\begin{aligned} \phi_1 &= \frac{i}{2} \ln(\dot{\phi}_0(t)) \\ &= \frac{i}{2} \ln(\omega(t)) \end{aligned}$$

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$$\begin{aligned} x(t) &= q_0 e^{i \phi(t) / \epsilon} \\ &= q_0 e^{i \int \frac{\omega(t)}{\epsilon} dt} e^{i \frac{i}{2} \ln(\omega(t))} \\ &= \underline{q_0} e^{i \int \frac{\omega(t)}{\epsilon} dt} e^{-\frac{\ln \omega(t)}{2}} \end{aligned}$$

$$\Rightarrow X(t) = \underline{a_0} e^{i \int \frac{\omega}{\epsilon} dt} e^{-\frac{1}{2} \ln \omega}$$

$$= \frac{a_0}{\sqrt{\omega}} e^{i \int \frac{\omega}{\epsilon} dt}$$

re-scaling,  $t = T/\epsilon$  :  $\omega(\epsilon t)$

$$dt = \epsilon df$$

$$X(t) = \frac{a_0}{\sqrt{\omega}} e^{i \int \omega(\epsilon t) dt}$$

WKB sol'n.

we can observe:

$$\underbrace{\omega X^2}_{\text{(cycle) action}} = \cancel{\text{scribble}} \quad \omega \overline{X^2} = \omega \frac{a_0^2}{\omega} = \text{const!}$$

$$\sim \omega^3 X^2 / \omega$$

$\Rightarrow$  Action is invariant, due to frequency modulation of amplitude!

check:  $I = \frac{1}{2\pi} \oint p dq$

$$= \frac{1}{2\pi} \oint p dx$$

$$= \frac{1}{2\pi} \oint m \dot{x} dx = \frac{1}{2\pi} \oint m \dot{x} \dot{x} dt$$

$$I = \frac{1}{2\pi} \oint_{\omega} m \dot{x}^2 dt$$

$$X(t) = \frac{q_0}{\sqrt{\omega}} \cos(\omega t + \phi)$$

$$\dot{X} = -q_0 \sqrt{\omega} \sin(\omega t + \phi)$$

$$\theta = \omega t$$

$$d\theta = \omega dt$$

$$P \rightarrow 0$$

$$\omega^2 / (\omega)^2$$

∫

$$I = \frac{1}{2\pi} \oint p dq = \frac{1}{2\pi} \int d\theta q_0^2 \omega \sin^2 \theta \frac{d\theta}{\omega}$$

$$= \frac{1}{2} q_0^2 \rightarrow \text{real const.}$$

⇒ the message:

\* - adiabatic invariance basically as consequence of WKB approximation (time sep! / scale)

\* - WKB would lead one to adiabatic invariance of action, even if did not realize it.

\* - need retain WKB correction beyond pure eikonal for freq. modulation of amplitude ⇒ essential.



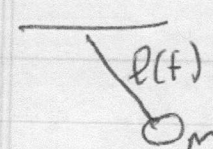
→ Adiabatic Variables / Invariants [and Action - Angle

c) Adiabatic Invariants - Formal Approach (Bounded phase space  $\rightarrow$  @  $p_0$ )

→ Consider finite motion in 1D. Motion characterized by  $\lambda$  parameter, such that:

$$\frac{1}{\lambda} \frac{d\lambda}{dt} \ll \frac{1}{T}$$

↳ period of motion

i.e.   $\frac{1}{l} \frac{dl}{dt} \ll \sqrt{g/l}$      pull on string

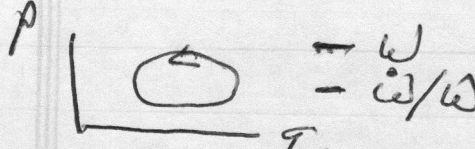
thus,  $\dot{E}$  will be "small/slow" (i.e.  $H = H(\lambda(t), p, q)$ )

Now,  $\frac{dE}{dt} = \frac{\partial H}{\partial t} = \frac{\partial H}{\partial \lambda} \frac{d\lambda}{dt}$      parametric dependence

as  $\lambda$  varies slowly compared to  $\omega_0 = 1/T$ , can average over  $t$  on fast scales, i.e.

$$\frac{d\bar{E}}{dt} = \frac{\partial H}{\partial \lambda} \frac{d\lambda}{dt} \approx \frac{\partial H}{\partial \lambda} \frac{d\lambda}{dt}$$

↳ avg. over motion  $q, p \rightarrow$  fast



$p$   
 $q$

break avg. on basis time scale separation

where  $\bar{A} = \frac{1}{T} \int_0^T A(t) dt \rightarrow$  holding  $E, \lambda$   
 averaged over fast time scale fixed!

$$\Rightarrow \overline{\frac{\partial H}{\partial \lambda}} = \frac{1}{T} \int_0^T \frac{\partial H}{\partial \lambda} dt$$

Now;  $\dot{z} = \frac{\partial H}{\partial p}$

$$dt = \int dz / \frac{\partial H}{\partial p}$$

can take  $\int dt \rightarrow \oint \frac{dz}{\frac{\partial H}{\partial p}}$

$\oint \rightarrow$  complete circuit orbit

so finally,

$$\frac{d\bar{E}}{dt} = \frac{d\lambda}{dt} \left\{ \frac{\oint (\frac{\partial H}{\partial \lambda}) dz / (\frac{\partial H}{\partial p})}{\oint dz / (\frac{\partial H}{\partial p})} \right\}$$

$$\equiv \frac{d\lambda}{dt} \left\langle \frac{\partial H}{\partial \lambda} \right\rangle_T$$

Now: - integrations must be performed for fixed,  
given value of  $\lambda$  (i.e.  $\dot{\lambda}/\lambda \ll \omega_0$ )  
 - on such path (n.b. why  
 "path" of interest!),  $H = E$  and  
 $p = p(q; E, \lambda)$

$$\therefore H(p, q, \lambda) = E$$

{ path for  
 $E$  const.

$$\frac{\partial H}{\partial \lambda} + \frac{\partial H}{\partial p} \frac{\partial p}{\partial \lambda} = 0$$

$$\Rightarrow \frac{\partial H / \partial \lambda}{\partial H / \partial p} = - \frac{\partial p}{\partial \lambda}$$

plug in  
 previous

$$\therefore \frac{d\bar{E}}{dt} = \frac{d\lambda}{dt} \frac{\oint - (\partial p / \partial \lambda) dq}{\oint dq \partial p / \partial E}$$

$$(1 / \partial H / \partial p = \partial p / \partial E) \quad (\text{Fixed } \lambda)$$

so, re-writing:

$$\frac{d\bar{E}}{dt} \oint dq \partial p / \partial E + \frac{d\lambda}{dt} \oint (\partial p / \partial \lambda) dq = 0$$

$$\Rightarrow \oint_{\substack{E, \lambda \\ \text{fixed}}} d\underline{z} \left\{ \frac{\partial \rho}{\partial E} \frac{dE}{dt} + \frac{\partial \rho}{\partial \lambda} \frac{d\lambda}{dt} \right\} = 0$$

$$\Rightarrow \boxed{dI/dt = 0}$$

where  $I = \oint \frac{\rho d\underline{z}}{2\pi}$   $\rightarrow$  integral taken over path for fixed given  $E, \lambda, T$

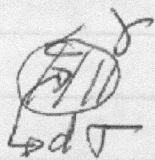
$\therefore I$  const. as  $\lambda$  varies!  
 $\therefore I$  adiabatic invariant

(abbreviated action along approx. traj.)

$\rightarrow$  in general (including higher dimensions)

$$I_C = \oint_{\gamma} \underline{\rho} \cdot d\underline{z} = \iint_{\nabla} d\underline{p} \wedge d\underline{z} \quad \left\{ \begin{array}{l} \text{Liouville} \\ \text{Thm,} \\ \text{again} \end{array} \right.$$

is Poincaré's relative integral invariant ( $\gamma$  closed curve, enclosing  $\nabla$ )



$I_C$  is exact invariant.

$$I = \oint p dq$$

$$\text{so } I = I_c \quad \left| \begin{array}{l} E, \lambda \text{ constant} \end{array} \right.$$

is approximation to Poincaré invariant

for  $\lambda/\lambda < \omega_0$ . } Hence adiabatic  
invariant.  
 long time scales

Now, adiabatic invariant:

$$I = \oint_{\Delta E} p dq / 2\pi \quad \rightarrow \text{what is it?}$$

$\Delta E$   
fixed

$$\text{so } I = I(E)$$

$$= \oint \frac{p dq}{2\pi}$$

$$2\pi \frac{\partial I}{\partial E} = \oint \frac{\partial p}{\partial E} dq = \oint \frac{dq}{\partial H / \partial p} = \mathcal{T}$$

$$\therefore \boxed{\partial I / \partial E = \mathcal{T} / \omega}$$

$$\boxed{\partial E / \partial I = \omega}$$

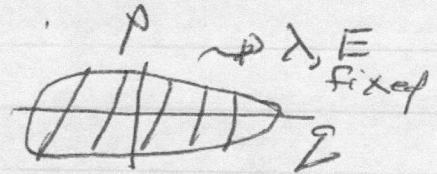
Now, of course:

$$I = \oint_{E, \lambda} \frac{p dq}{2\pi} = \iint_{E, \lambda} \frac{dp dq}{2\pi}$$

$\therefore$   $I$  corresponds to enclosed area!

adiabatic invariant has geometrical significance.

i.e.

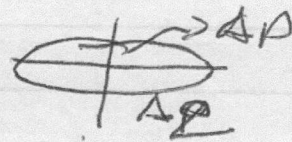


e.g.

$$H = \frac{p^2}{2m} + \frac{1}{2} m \omega^2 q^2 = E$$

$$\Delta p = (2mE)^{1/2}$$

$$\Delta q = (2E/m\omega^2)^{1/2}$$



$$A_{\text{area}} = \pi \Delta q \Delta p = 2\pi E/\omega$$

$$I = E/\omega \rightarrow \left\{ \begin{array}{l} \text{for oscillator, adiabatic} \\ \text{invariant is } \underline{\text{action}}, E/\omega. \\ \therefore \ell/\ell < \omega_0 \Rightarrow \\ E \sim \omega \sim \sqrt{g/\ell} \end{array} \right.$$

→ Adiabatic Invariants: Review

→ iF  $H = H(p, q, \lambda(t))$

parametric dependence

with a) periodic motion, for fixed  $\lambda$ .

b.)  $\frac{1}{\lambda} \frac{d\lambda}{dt} \ll \omega$

rate of change of parameter

motion frequency

then  $I_\lambda = \oint_{\mathcal{C}_\lambda} p \cdot dq \equiv$  action computed at fixed value of  $\lambda$  is adiabatic invariant

~ adiabatic invariant is C.O.M. on time scales  $\tau \gg \omega^{-1}$ .

→ adiabatic invariant is intrinsically / implicitly referenced to a given time scale. Same system can manifest multiple adiabatic invariants on different time scales.

→  $I = \oint_{\mathcal{C}} p \cdot dq \rightarrow$  Poincare-Cartan Invariant  
→ exact C.O.M

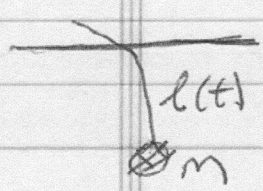
to calculate explicitly, need integrable motion (as in explicit representation of action-angle var.)

but

-  $I_\lambda = \oint_{C_\lambda} p \cdot dq$  is approximation to  $I$ ,

computed for fixed  $\lambda$ .  $I_\lambda \approx 0$  for  $\hbar \gg \omega^{-1}$ .

Examples: i) Pendulum - the prototype



$$\frac{\dot{l}(t)}{l} \ll \sqrt{g/l}$$

How does  $\Theta$  vary with  $l$ ?

$$I = E/\omega, \text{ understood } E = \bar{E}$$

$$\omega = \sqrt{g/l}$$

$$\begin{aligned} \bar{E} &= \frac{1}{2} m l^2 \bar{\Theta}^2 + m g l \bar{\Theta}^2 \\ &= \cancel{m} m g l \bar{\Theta}^2 \end{aligned}$$

$$I = \cancel{m} m \sqrt{g} l^{3/2} \bar{\Theta}^2$$

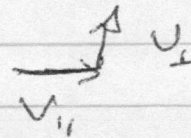
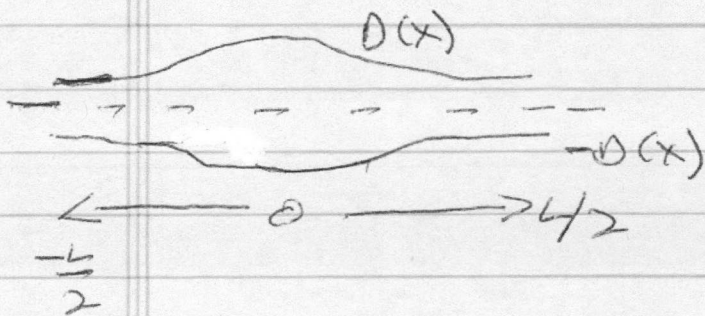
$$\text{so } \Theta_{rms} \sim l^{-3/4}$$

i.e. amplitude decreases as length increases



more generally,  $\frac{\theta(t)}{\theta(0)} \sim \left( \frac{p(0)}{p(t)} \right)^{3/4}$

## 2.) Mechanical Mirror



$$\tau_{b\perp} \sim \left( \frac{v_{\perp}}{2\Omega} \right)^{-1} \rightarrow \text{bounce time}$$

$$\tau_b \ll \frac{L}{v_{||}}$$

many bounces ( $\perp$ ) in time to sense curvature of  $D$ .

now,

$$2\pi I = \int_{-D}^D m v_{\perp} dy + \int_D^{-D} (-m v_{\perp}) dy$$

$$= 4mD v_{\perp}$$

$$I = \frac{2}{\pi} D m v_{\perp}$$

Adiabatic Invariant

$$E = \frac{1}{2} m (v_{\perp}^2 + v_{||}^2)$$

## More on Adiabatic Invariants

→ for parameter  $\lambda(t)$  s.t.  
 $\dot{\lambda}(t)/\lambda < \omega$  ] → multiple time scale.

$$\frac{d}{dt} \bar{I} = 0 \quad \bar{I} = \oint \bar{p} dq$$

$E, \lambda$   
 fixed

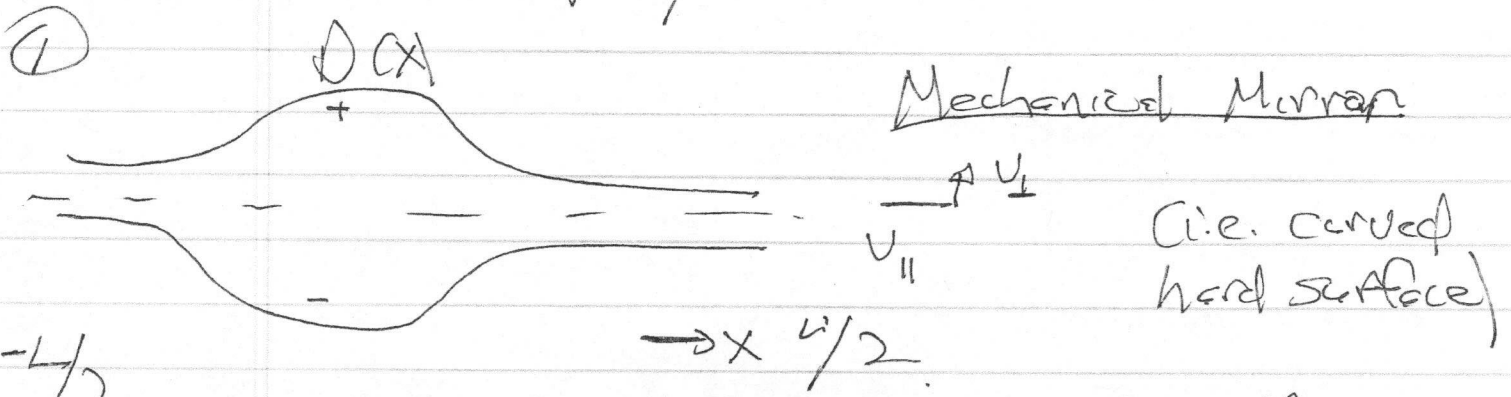
$\bar{I} \rightarrow$  adiabatic invariant

→ adiabatic invariance  $\Leftrightarrow$   
phase symmetry, slow  $\oint$ .

(i.e. can start anywhere in integration).

# Applications of Adiabatic Invariants

Consider 2 related non-trivial (adiabatic invariant-related) systems:



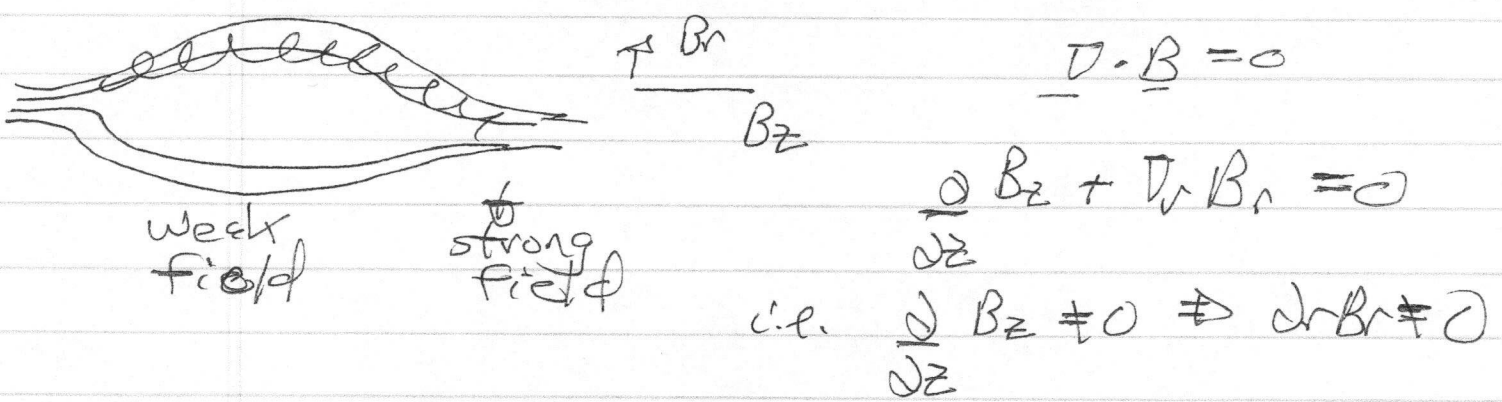
$-L/2$

c.f. video

n.b.  $D/L \ll 1$

② Magnetic Mirror  $\rightarrow$  basis for mechanical mirror.

$\leftarrow z \rightarrow$



for "long, thin" mirror - anisotropy  $\Rightarrow$  long thin  
slow axial  
variation

$B_r \approx -r \frac{\partial B_z}{\partial z} \Big|_{r_0}$

from:  $B_r = -\frac{1}{r} \int_0^r dr' r' \frac{\partial B_z}{\partial z}$

Consider time scales:

$$\rightarrow \tau_{b\perp} \sim (v_{\perp}/2D)^{-1} \Rightarrow \perp \text{ bounce time}$$

$$\rightarrow \tau_{b\parallel} \sim L/v_{\parallel} \Rightarrow \text{parallel bounce time}$$

i.e.  $\perp$  Num



so if consider

$$\tau_{b\perp} < t \Rightarrow \begin{aligned} & \text{- Many bounces.} \\ & \text{- sufficient time to} \\ & \quad \text{sense curvature of } D \\ & \text{- can define adiabatic} \\ & \quad \text{invariant} \end{aligned}$$

$$\int A dz_{\perp}$$

$$2\pi I = \oint m v_{\perp} dy \rightarrow \oint p_{\perp} dz_{\perp} \quad \mathcal{M}$$

$$= \int_{-D}^D dy m v_{\perp} + \int_{-D}^D (-m v_{\perp}) dy$$

$\downarrow$  forward      $\downarrow$  back

$$= 4 m D v_{\perp}$$

$$I = \frac{2}{\pi} D m v_{\perp}$$

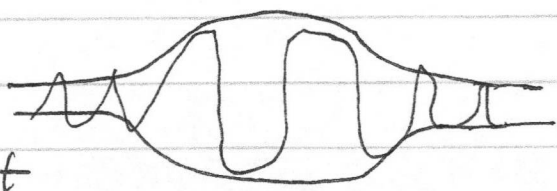
adiabatic invariant  
on times  $t > \tau_{b\perp}$

i.e.  $D V_L \sim \text{const}$

$V_L$  } large in throat  
smaller in center  
can determine

gives critical  $D(x_0) V_L(x_0)$ ,  
 $V_L(x)$  for all  $x$ .

Motion?  
particle can reflect from throat  
energy conserved!

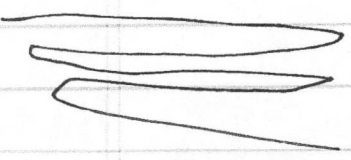
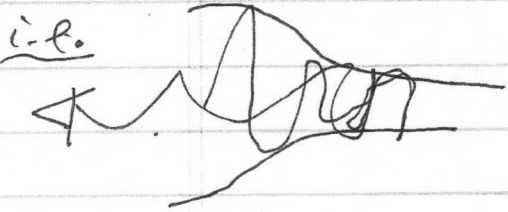


$$E = \frac{1}{2} m (V_L^2 + V_H^2)$$

$$= \frac{1}{2} m \left( V_H^2 + \frac{\pi^2 I^2}{4D(x)^2 m^2} \right)$$

$$\Rightarrow V_H^2 = \frac{2E}{m} - \frac{\pi^2 I^2}{4D(x)^2 m^2}$$

so if  $I$  s/t  $\frac{\pi^2 I^2}{4D(x)^2 m^2} > \frac{2E}{m} \Rightarrow$  particle reflected in mirror throat.



$$I = \frac{2}{\pi} D(x_0) m V_{L_0}$$

frequently written as:

$$I = \frac{2}{\pi} D(0) m V_L(0)$$

$x_0 \leftrightarrow$  center.

$$\frac{\pi^2 I^2}{4D(x)^2 M^2} > \frac{2E}{M}$$

$$\Rightarrow \left( \frac{D(x_0)}{D(x)} \right)^2 v_{\perp}^2(x_0) > \frac{2E}{M}$$

for  $x < L \Rightarrow$  particle will bounce

As  $E = \frac{1}{2} m (v_{\parallel}^2 + v_{\perp}^2)$

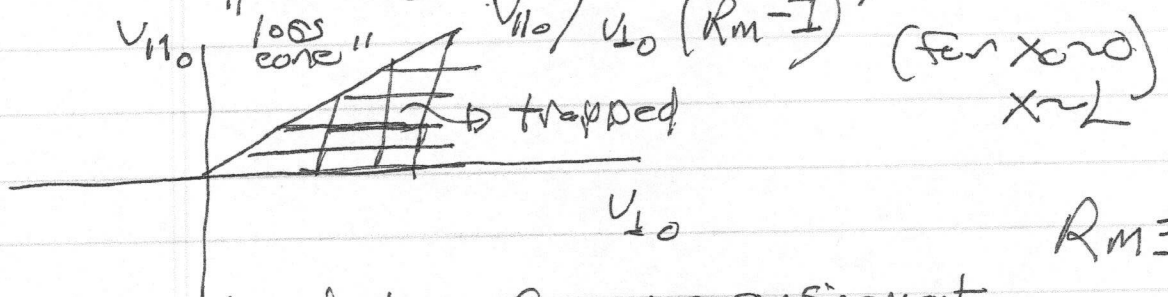
$$\Rightarrow \frac{v_{\perp}^2}{v_{\parallel}^2} < \left( \frac{D(x_0)}{D(x)} \right)^2 - 1$$

"mirror ratio"

i.e. optimal ratio

$$R_m \equiv \frac{D(x_0)^2}{D(x)^2} \rightarrow \frac{D(x_0)^2}{D(L)^2}$$

i.e. trapping condition



basic description of mirror confinement

$$R_m \equiv \frac{D(x_0)^2}{D(L)^2}$$

Now, can determine reflection point

simply by:

$$v_{||}^2 = \frac{2E}{m} - \frac{\pi^2 I^2}{4D(x_R)^2 m^2} = 0$$

defines  
 $x_R \leq \frac{1}{2}$

then: can envision longer times:

$$+ \Rightarrow T_{b||} \gg T_{b\perp}$$

$$T_{b||} = \oint \frac{dx}{|v_{||}|}$$

parallel bounce time, for trapped particles

30  
 can have "2<sup>nd</sup>" adiabatic invariant on time scale  $T_{b||} > T_{b\perp}$

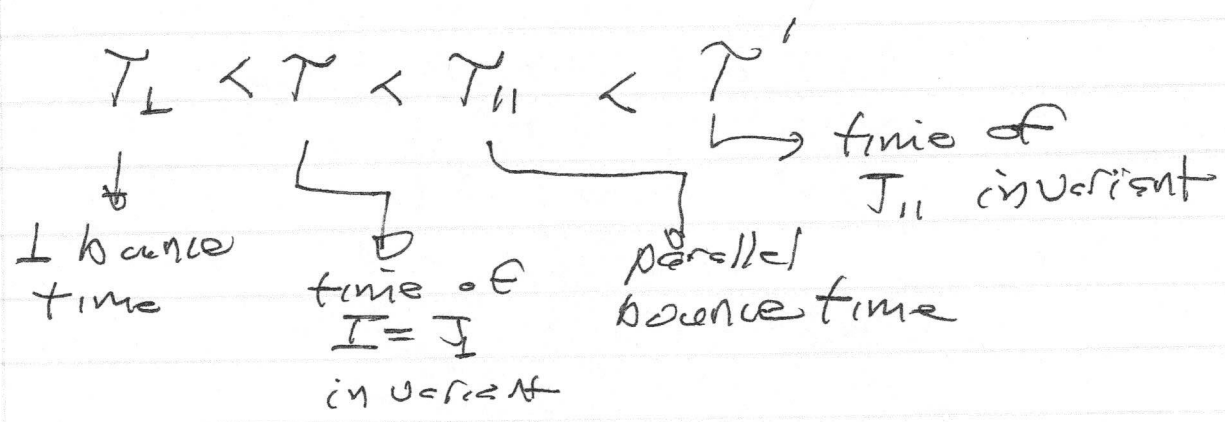
$$J_{||} = \oint dx p_{||}$$

"bounce invariant"  
 2<sup>nd</sup> ad.

$J_{\perp} \Rightarrow$  first adiabatic inv.

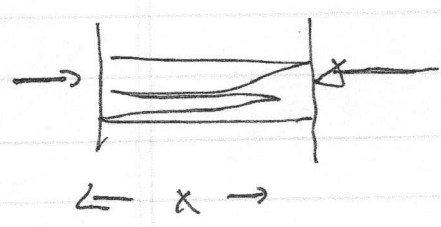
$\Rightarrow \perp$  bounce.

c.e.



N.B. : Can expect 1 adiabatic invariant per closed cyclic orbit (n.b. cyclic orbit in action-angle sense).

For application of  $J_{II}$  : [ Adiabatic compression ]



if push slowly :

$$J_{II} = \oint p_{II} dx = \text{const}$$

$$J_{II} = \int_{-L}^L p_{II} dx + \int_L^{-L} -p_{II} dx$$

$$= p_{II}(2L) - p_{II}(2L)$$

$$\delta J_{II} = 0 \Rightarrow \delta (p_{II} L) = 0$$

$$\Rightarrow \delta p_{II} = -\delta L$$

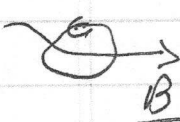


## ② Magnetic Mirror

→ scheme is the same, with magnetic field variation as agent of confinement

→ now, for particle in magnetic field

$$\underline{p} \rightarrow \underline{p} - \frac{e}{c} \underline{A}$$

 consider cyclotron orbit in plane  $\perp$  to field

$$\oint_{\perp \text{ plane}} \underline{p} d\underline{q} = \oint_{\text{cycl.}} \underline{A} \cdot d\underline{q} \Rightarrow \text{integrated along Larmor orbit.}$$

$$= \int_C \underline{p} \cdot d\underline{q} - \frac{e}{c} \int_C \underline{A} \cdot d\underline{q}$$

$$= \int_C m \underline{v}_{\perp} \cdot d\underline{q} - \frac{e}{c} \int_C \underline{A} \cdot d\underline{q}$$

Larmor disk



$$= m v_{\perp} (v_{\perp} 2\pi) - \frac{e}{c} \pi r_L^2 B$$

$\downarrow$   
 $2\pi r$  with  $r = \text{radius of Larmor disk}$

$\rightarrow$  flux thru Larmor disk.

80

$$\begin{aligned}
 \oint_{\perp} \mathbf{p} d\mathbf{z} &= m v_{\perp} \frac{v_{\perp}}{eB} 2\pi - \frac{e \pi B v_{\perp}^2}{m^2 c^2} \\
 &= \frac{m v_{\perp}^2}{2B} \left( \frac{4\pi M_0}{|e|} \right) - \frac{m v_{\perp}^2}{2B} \left( \frac{2\pi M_0}{|e|} \right) \\
 &= \frac{m v_{\perp}^2}{2B} \left( \frac{4\pi M_0}{|e|} \right) \\
 &\quad \downarrow \\
 &\quad \text{irrelevant const.}
 \end{aligned}$$

$$\begin{aligned}
 \oint_{\perp} \mathbf{p} d\mathbf{z} &= \frac{m v_{\perp}^2}{2B} \\
 &\quad \downarrow \\
 &\quad \text{magnetic moment}
 \end{aligned}$$

Physically: - Magnetic moment corresponds to action computed for 1 cyclotron orbit

- adiabatic invariant on  $t \gg T_{\text{cycl}}$ , else approx. of closure of cyclotron orbit is meaningless.

## 3.) Magnetic Mirror - basis for mechanical mirror

← z →

weaker  
fieldstrong  
field

$$\nabla \cdot \underline{B} = 0$$

$$\frac{\partial B_z}{\partial z} + \nabla_r B_r = 0$$

$$\neq 0$$

Now, consider rate of change of  $\perp$  Energy

$$\frac{d}{dt} \left( \frac{m v_{\perp}^2}{2} \right) = q \underline{E}_{\perp} \cdot \underline{v}_{\perp}$$

avg over 1 cyclotron orbit  $\Rightarrow$ 

$$\left\langle \frac{d}{dt} \left( \frac{m v_{\perp}^2}{2} \right) \right\rangle = \int_{\Omega^{-1}} dt \, q \underline{E}_{\perp} \cdot \underline{v}_{\perp}$$

$$\int dt = \rho$$

change in  
energy in 1  
cyclotron  
orbit

$$= \int_{\rho} d\ell \cdot \underline{E}_{\perp} q = q \int \underline{E}_{\perp} \cdot d\underline{\ell}$$

 $\rho \rightarrow$  gyro-radius

$$= \int d\varphi \, q \cdot \nabla \times \underline{E}$$

via Faraday.

$$= \int d\varphi \cdot \left( \frac{q}{c} \frac{\partial B}{\partial t} \right)$$

gyro-radius

$$\approx -\pi \rho^2 \frac{q}{c} \frac{\partial B}{\partial t}$$



$$\rho^2 = v_{\perp}^2 / \Omega^2$$

⇒

$$d\left(\frac{mv_{\perp}^2}{2}\right) \approx -\pi \frac{e}{c} \frac{v_{\perp}^2}{\frac{q^2 B^2}{m^2 c^2}} \frac{\partial B}{\partial t}$$

$$= -\frac{m v_{\perp}^2}{\Omega} \frac{\pi}{B} \frac{\partial B}{\partial t}$$

but  $\oint \partial B = \frac{2\pi}{\Omega} \frac{\partial B}{\partial t}$

change in  $\oint$   
1 cyclotron  $\tau_c$   
period

$$d\left(\frac{m v_{\perp}^2}{2}\right) = -\frac{m v_{\perp}^2}{2} \frac{1}{B} \partial B$$

⇒

$$d\left(\frac{m v_{\perp}^2}{2B}\right) = 0$$

⇒

adiabatic  
time variation  
on B ⇒  
heating

so

$$\mu = m v_{\perp}^2 / 2B$$

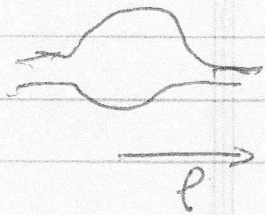
→

magnetic moment  
adiabatic invariant  
on  $t \gg \Omega^{-1}$

Now, for mirroring:

$$\frac{1}{2} m (V_{||}^2 + V_{\perp}^2) = \frac{1}{2} m (V_{||0}^2 + V_{\perp0}^2)$$

$$m \frac{V_{\perp}^2(z)}{2B(z)} = m \frac{V_{\perp}^2(l)}{2B(l)}$$



$$V_{||}^2(z) + V_{\perp}^2(z) = V_{||}^2 + \frac{B(l)}{B(z)} V_{\perp}^2(z)$$

$$V_{\perp}^2(z) \left( 1 - \frac{B(l)}{B(z)} \right) = V_{||}^2(l) - V_{||}^2(z)$$

for confinement:  $V_{||}^2(l) = 0 \Rightarrow$

so

$$\frac{V_{||}^2(z)}{V_{\perp}^2(z)} < \frac{B(l)}{B(z)} - 1$$

} mirror ratio

obvious analogy to:

$$\frac{V_{||0}^2}{V_{\perp0}^2} < \frac{D(x_0)^2}{D(x_R)^2} - 1$$

$B(z) \leftrightarrow 1/D(x)$  → strong B → frequent gyration, frequent bouncing

$B(z) \leftrightarrow 1/D(x_0)$  → weak B → less frequent bouncing, gyration.

Similarly, can define bounce invariant:

$$J_{||} = \oint dl [2m(E - u B(l))]^{1/2}$$

longitudinal  
action

i.e.  $V_{||}^2(l) = V_{||}^2(0) + V_{\perp}^2(0) - u B(l)$

etc.

Squeeze  $\rightarrow$  energy gain

N.B.:

Treatment of adiabatic invariants given here corresponds to lowest order p.f.  $m \frac{1}{\lambda} \frac{d\lambda}{dt} / \omega < 1$

" $\{$ "  
"0(1)" here.

Note: Can also define 'mirror force'

$$F = \sum_C \underline{v} \times B$$

$$\begin{matrix} v_r & v_{\theta} & v_z \\ B_r & B_{\theta} & B_z \end{matrix}$$

$$F_z = \sum_C (v_r B_{\theta} - v_{\theta} B_r)$$

$$\approx \sum_C \frac{v_{\theta}}{2} \frac{r \partial B_z}{\partial r}$$

$$\begin{matrix} v_{\theta} \rightarrow v_{\perp} \\ r \rightarrow \rho_L \end{matrix}$$

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$$F_z \stackrel{=} {=} \frac{q}{c} \frac{v_0 r}{2} \frac{\partial B_z}{\partial z}$$

$$= \pm \frac{m v_0^2}{2 B} \frac{\partial B}{\partial z} = \mp \mu \frac{\partial B}{\partial z}$$

{ depends on location  
in trajectory